

The book cover features a central abstract painting with a light beige top section and a dark green bottom section, separated by a horizontal band of brown and tan. The painting is set against a dark blue background and framed by a decorative border of small white circles. The title and subtitle are in blue, and the authors' names are in white.

# **THE HOLY HIATUS**

**An anthology of Art & Word**

**By**

**Dr. Pallavi Kwatra & Suzette Boulais**

# **THE HOLY HIATUS**

**An Anthology of Art & Word**

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“SILENCE IS SO ACCURATE”

-Mark Rothko

**Dedicated to SILENCE.....  
From which all emerges.**

## **BOOK INTRODUCTION**

The abstract and noumenal nature of the self and of most internal phenomenon has always enticed the human spirit to ponder and make assumptions, projections and interpretations of it. Its mystic and unknown nature has been inspiring the creative protagonist ever since humankind came on the planet. Artists, musicians, poets & religions ...all have attempted to decode this abstract existence and its nature.

A large part of one's spiritual quest or the travel to inner truths are guided by this question. In fact, one starts with the conceptualization and worship of forms and insignia and towards the end arrives at the question of "Who am I?" This primordial question enthralls him to delve deeper and know that the essential components of his identity as

mind body emotion complexes are a myth and his true spirit or self have no shape, form or attributes. At this discovery, the true rejoicing of one's immutable and ever-present self is the zenith of experience as a human being and is beyond the petty medium of words and forms to describe or translate.

Art remained a tool for the relay of perceived forms and religion etc. for many years until around the 20th century when Abstract art became a necessity for revealing the intangible plethora of human psyche. At this point, many courageous artists came to the forefront, daring to mould the convention of perception towards abstract ideas and presence. Wassily Kandinsky is a pioneer of abstract art and he painted some of the earliest works in the genre including what is known as the First Abstract Watercolor. Music, being abstract in nature, was an inherent

part of his art and he named some of his spontaneous works as “improvisations” and elaborate ones as “compositions”. Apart from being a painter, Kandinsky was also a prominent art theorist whose books had an enormous and profound influence on future artists. For his tremendous contribution in moving the art world away from representational traditions and towards abstraction, Wassily Kandinsky is considered by many as the “Father of Abstract Art”.

Jackson Pollock is not only the most famous Abstract Expressionist artist but also one of the leading figures of 20th century art. Pollock’s technique of pouring and dripping paint popularized the term *Action painting*, a method in which the physical act of painting itself is an essential aspect of the finished work. Mark Rothko is considered a pioneer of *Color Field painting*, a style within Abstract Expressionism

in which color is the main subject itself. Though Rothko is regarded as one of the leading abstract artists, he insisted that he was not an abstractionist as his primary focus was discovering mysticism and esoteric aspects of colors and its combinations. Painting was a method of spiritual expression for Rothko and many viewers have broken down in tears in front of his works. Despite his statement, the contribution of Rothko to Abstract Expressionism is monumental.

My own ideas on abstract nature of the self found an orifice through minimal words which exploded out of me at the sight of my dear and gifted friend, Suzette's genius masterpieces. Suzette's art is inspired from Mark Rothko and is essentially nonrepresentational, not conforming to any particular theme, bias or genre. It has been a great honor for me to assimilate her work and my words into this

compilation which we hope will help serve the reader to embark on his/her own inner quest. Through the fusion of word and form... we endeavor to inspire, calm and beckon you at these incitements and use this book as a tool for self-discovery & awakening. That will bring us both joy and satiety and help us know we supported you on a noble pursuit...one which is the most worthwhile thing to do while one is still alive.

**Dr. Pallavi Kwatra**

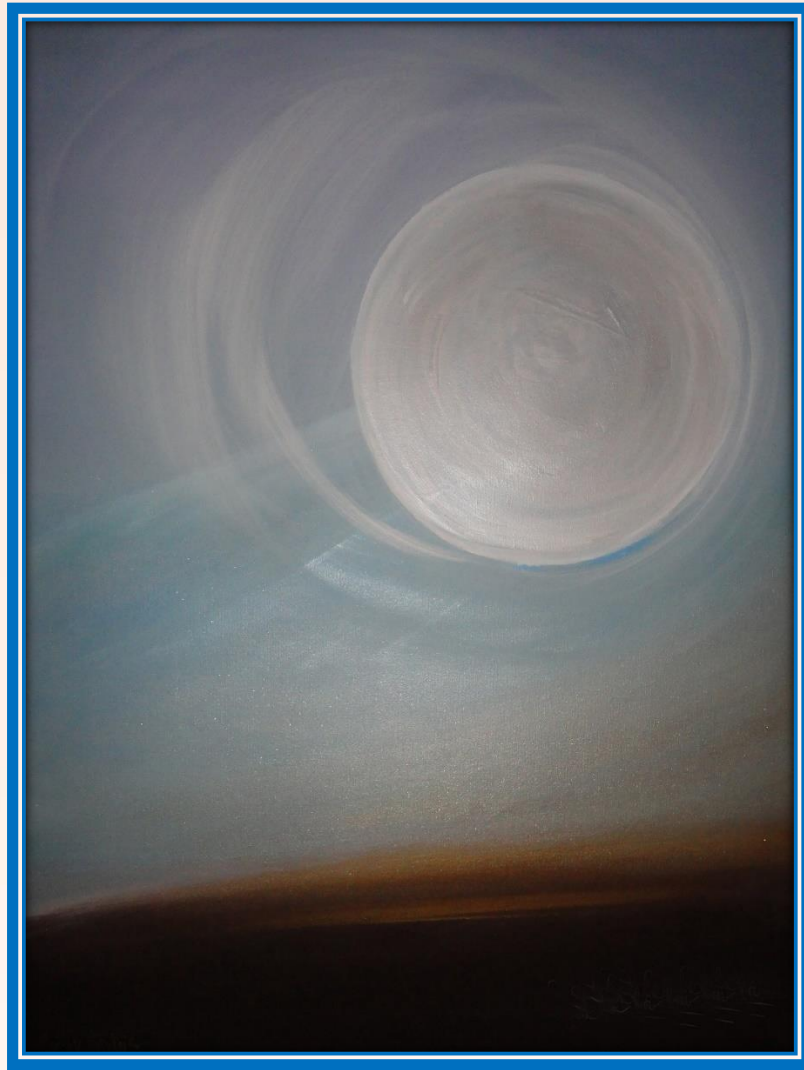
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*The golden stardust in the open palms...*  
*“What can I give that I have not received?”*



*There is no Time...not even this Moment.*



*You will know it when it happens.*



*Infinites of Intimacy.*



*Beauty lies in Detail.*



*The loss of Conviction of Being @ Someone.*